

Let's Talk About **A Big Fat Enormous Lie**

The Lie got bigger when the boy tried to keep it a secret. When he told the truth, the Lie shrunk until it disappeared.



Blow air into a balloon to show how the Lie got bigger and bigger when the boy tried to hold his guilt inside. Might the balloon burst?

Now release the balloon. The air escapes and the balloon flies around the room.

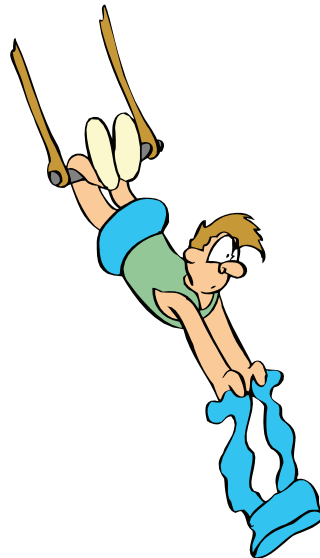
Do you think the boy feels a little like the zooming balloon when he lets go of the Lie and tells the truth?

Let's Play With Rhymes



Little Jack Horner

Little Jack Horner
Sat in a corner
Eating some Christmas pie.
He put in his thumb
And pulled out a plum
And said, "What a good boy am



Note to Parents & Caregivers

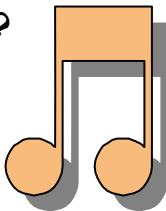
Reading and talking about story characters who are learning the difference between right and wrong can help your child sort out what is right for him or her.

The little boy says he is too smart to be around a stupid Lie.

Is it smart to tell the truth?



The boy's dog follows him everywhere. Can you find him in each of the pictures?



Whenever I Make a Mistake

(To tune of "The Farmer in the Dell")

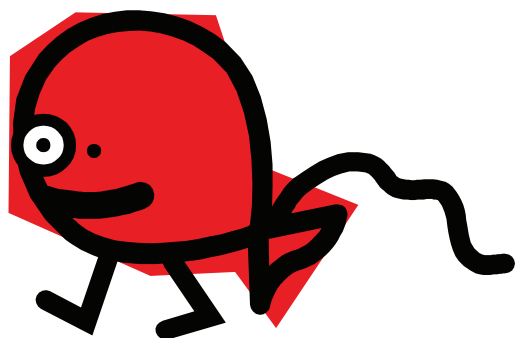
Whenever I make a mistake
It doesn't help to fake
The truth that I do need to tell.
For things to all be well.

Use books to help your child develop values.

Let's Create

Balloon Face

Blow air into a balloon and tie its end. Use markers to draw a face on the balloon. Or glue paper eyes, mouth and nose onto the balloon. Use yarn for hair.



Help your child trace around his feet on paper and cut them out. Glue them to the bottom of the balloon face. This silly balloon head will now be able to sit still.

Let's Be Together

Lying is something that most children do at one time or another. It is part of growing up and learning right from wrong.

The best way to handle lying is to calmly discuss the lie with them.

Remember that it is a stage of their development. Your job is to teach them that telling the truth will get them further.



If your child tells you that they lied about something:

- Praise them for being brave enough to admit to the lie.
- Talk to them about why they felt they needed to lie.
- Help them come up with other ways of handling the situation other than lying (how could they handle it next time).

If your child lies, talk about it calmly.



Early Literacy Specialist
Hastings-Frontenac-L&A
(613) 354-6318

Early Literacy Specialist
Kingston & The Islands
(613) 546-9355

Pathways for Children & Youth
Frontenac-Lennox & Addington
(613) 546-8535