

# Let's Talk About Andrew's Loose Tooth

This is a great book for your child to read with you. Your child will likely want to exclaim,

Did you know that an apple is called nature's toothbrush? Apples help keep teeth and gums healthy.



"Ooh, ooh, ooh!  
It's a loose tooth!  
I know what to  
do."

This phrase is repeated several times throughout the story.



## Let's Play With Rhymes

### A Toothbrush

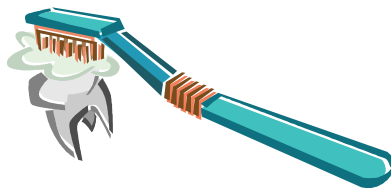
Of all the things around the town,  
A toothbrush is just right.

*(Hold up pointer finger)*

Brush up and down and all around,  
*(Make brushing movements with finger.)*

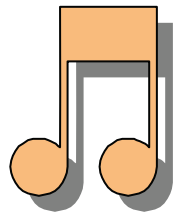
To keep your teeth so white.

*(Show teeth in a smile.)*



### Got My Toothpaste

*(To tune of Frere Jacques)*



Got my toothpaste, got my brush,

*(Hold up one index finger, then the other.)*

I won't hurry, I won't rush. *(Shake head)*

Making sure my teeth are clean,

*(Smile showing teeth.)*

Front and back and in between.

*(Point as indicated.)*

I brush for a while, *(Pretend to brush.)*

And have a happy smile! *(Smile.)*

## Note to Parents & Caregivers

Story characters have problems and situations that are similar to those of children. When you choose a book that deals with the same immediate problem or situation your child is facing, you capture your child's interest. Stories that are funny often help a child laugh and enjoy the normal changes happening to her body as she grows up.

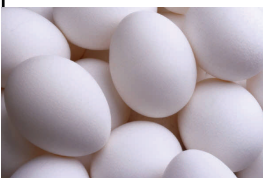
**Humorous stories can help children adjust to change.**

## Let's Create

Help your child better understand his own body by doing this experiment:

Break open an egg and show your child the shell. Explain to your child that an eggshell is made of calcium, just like teeth. Pour some soda pop (with sugar) into a glass. Pour some juice into a different glass.

Put one piece in the glass with soda pop. Put another piece in the glass with juice. Leave another piece out.



What will happen to the egg shell? Can your child guess?

After two days, examine the eggshells. (The shells in pop and juice will be stained and more brittle than the shell left out.) Talk about the importance of brushing, flossing and eating healthy foods.

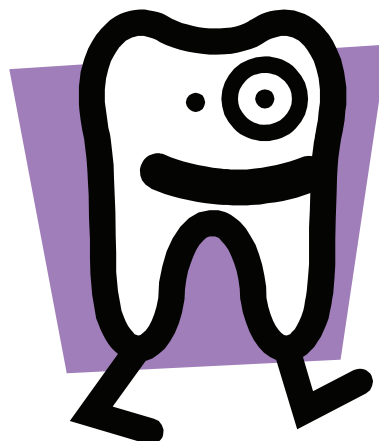


## Let's Be Together

Think of other ways that Andrew could have tried to pull out his tooth. Make a list. What funny methods can you think of?

*You might like to use this rhyme:*

I tied my tooth with a string to the door,  
Then laid myself out on the floor.  
The door went closed and out came the string,  
And not my tooth, but another thing.



Share your child's excitement in the little things that show he is growing up.



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