

Let's Talk About **The Bear Went Over the Mountain**

The Bear Went Over the Mountain is well known.

This book presents a slightly different version.

Point to the words as you read.

As your child gets familiar with the story, let him or her "read" the book to you.



Five Little Bears

Five little cubby bears, tumbling on the ground,

(Roll hands over each other.)

The first little bear said,

"Let's look around."

(Hold up thumb.)

The second one said, "See the little bunny."

(Hold up index finger.)

The third one said, "I smell honey!"

(Hold up middle finger.)

The fourth one said, "It's over in the trees."

(Hold up ring finger.)

The fifth one said, "Look out here come the bees!"

(Hold up little finger, while fingers on other hand imitate buzzing.)



Let's Play With Rhymes

Little Brown Bear

A little brown bear went in search of some honey,

Isn't it funny, a bear wanting honey?

He sniffed at the breeze,

(Sniff air.)



And he listened for bees,

(Cup hand to ear and listen.)

And would you believe it?

He even climbed trees!

(Fingers of one hand climb the opposite arm.)

Note to Parents & Caregivers

Children love to pretend reading to parents, friends, and toys. Pretend or "mock" reading shows that a child is interested in reading, understands how reading works and is eager to try. Let your child know that you think this is great step by taking part in the pretend reading time.

Give your child lots of chances to "pretend" to read.

Let's Create

Over and Under Obstacle Course

Movement can really help your child understand concepts.

Make a simple obstacle course in your living room using the furniture you have available.

Your child can climb **over** cushions placed on the floor, crawl **under** a coffee table and **through** a big cardboard box opened at each end.



If you have an old piece of clean carpet try this.



Place some cushions on the floor and cover them with the carpet.

Let your child crawl or walk on the carpet. Supervise this activity.

Navigating the ups and downs on the carpet will help your child develop better balance.

Let's Be Together

Climb with your child if you can. Give a lot of praise.



"You sure are brave, you are being so careful, you are really watching what you are doing, excellent!"

Children's confidence grows when they are able to do something new.

Cheer them on! This helps children learn to take risk carefully and is great for their self-esteem.



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