


Let's Talk About **The Princess and the Potty**

The Princess and the Potty is a funny book about toilet training. It will help you and your child keep a happy outlook while this new skill is being learned.

Besides learning about toilet training your child needs to learn about the sounds of language. What could be more fun than words that sound like their letter!

 There's **pea** or **tea**. Can you and your child think of more!

Here are some other things to do when you read this book with your child.



Many words in this book start with the letter "**P**". Can your child find some of these words?



Emphasize the sound "**P**" makes. Can you child find other things in your house that start with the "**P**" sound?



Let's Play With Rhymes

Old King Cole

Old King Cole was a merry old soul,
And a merry old soul was he.
He called for his pipe, and he called for
his bowl,
And he called for his fiddlers three.
Every fiddler he had a fine fiddle,
And a very fine fiddle had he.
Oh, there's none so rare, as can compare,
With King Cole and his fiddlers three.



The Grand Old Duke of York

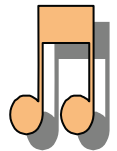
Oh, the grand old Duke of York,
He had ten thousand men.
He marched them up to the top of the hill
And he marched them down again.

Chorus:

And when they were up they were up,
And when they were down they were down;
And when they were only half-way up
They were neither up nor down.

More verses:

They beat their drums to the top of the hill
They played their pipes to the top of the hill



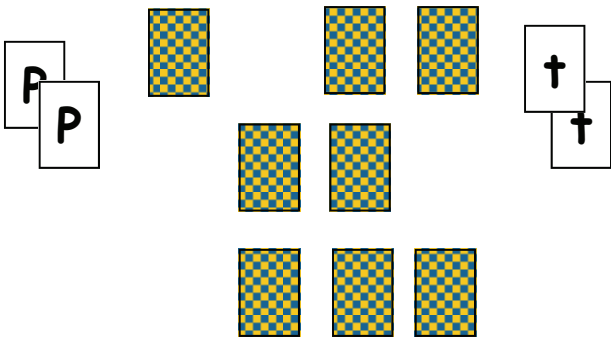
Note to Parents & Caregivers

Language is made up of sequences of little sounds. This understanding does not come naturally or easily to us but it is one of the things we need to know to learn to read. Fortunately, activities that include rhyming, rhythm, listening and sounds really help children learn about how little sounds make up words.

Help your
child learn
about
sounds in
words.

Let's Create

You may remember the old card game called **Concentration**. It is a great game that helps your child learn to use his or her memory and to be observant.



Let's Be Together

This princess is just not ready to give up her diaper. It is difficult for children to adjust to change. Learning to use the potty can take some time and patience on the part of both parent and child.



Learning to use the potty is something that children need to be ready to do. Each child is an individual and will get there in her own time.

Here are some ideas.

- Use regular playing cards. If your child is just beginning to learn numbers, take the face cards out. You may want to play with only cards from 1–5 at first.
- Colour index cards with patterns or pictures on one side and keep the other side plain. Ask your child to find the pattern or picture pairs.
- Make pairs of letter or rhyming word cards for your child to find and match.

Don't make the game too complex or have too many cards. Then it is not fun anymore.

☺ Do not feel pressured by family or friends who say their child used the potty at a ridiculously early age.

☺ You are a guide for your child. Offer help but do not force it upon him. Offer time on the potty. Spend time with him while he is on it. Read her cues. Do not put her on the potty so often that she rejects the idea.

☺ As in the book, many children may be motivated to wear interesting underwear instead of a diaper.

Most children will get into the groove and then revert back for a period of time. Parenting is not to blame for this. Toilet training is a process that involves trial and error.

Stay positive!



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