

# Let's Talk About Big or Little?

Mark and date your child's height on the back of a door or wall. Is she big or little? Now mark the height of other family members (even your dog) Who is biggest? Who is smallest?



What animals are little? Use little movements and little voices to pretend you both are little animals.

What animals are big? Use big movements and big voices to pretend you are big animals.

Describe the animals using other words that mean the same thing as big (gigantic, enormous, huge) and little (small, tiny, petite.)



Help your child sort laundry. Find the smallest sock, the biggest pair of pants.

## Let's Play With Rhymes

### I Am in Between

Giraffes are tall,

*(Hold hands high.)*

Monkeys are small,

*(Hold hands low.)*

And zebras are in between.

*(Hold hands at waist level.)*

Grownups are tall,

*(Stand on tiptoe.)*

Babies are small,

*(Crouch low.)*

And I am in between!

*(Stand, then point to self.)*



### Sometimes I'm Tall

Sometimes I'm tall.

*(Stand a full height.)*

Sometimes I'm small.

*(Bend down close to floor.)*

Sometimes I'm very, very tall.

*(Stretch on tiptoes.)*

Sometimes I'm very, very small.

*(Bend close to the floor.)*

Sometimes tall, *(Stretch high)*

Sometimes small, *(Bend low.)*

See how I am now.

*(Stand normally.)*

## Note to Parents & Caregivers

One important early math concept is size. Size is difficult for young children to understand since it must always be compared to something else. A child is big compared to a cat, but a child is also small compared to an adult. Children need many examples of big and little.

Parents are  
children's  
first  
teachers.

## Let's Create

### Play dough

1 cup flour  
1/2 cup salt  
1 cup water  
2 tbsp. oil  
2 tsp cream of tartar  
Food colouring

*Mix all ingredients in a saucepan. Stir over medium heat until all ingredients blend together, about 3 minutes. Knead until smooth. Store covered, in refrigerator.*



Children will enjoy making big and little creatures using playdough. Play with your child and see who makes the smallest snake or biggest snowman.

Your child may want to use some of her play dough creatures while saying or singing the rhymes.

## Let's Be Together

Talk with your child about things that she can do. Ask her how that makes her feel.

Then ask your child to talk about things that he cannot do yet. How does that make him feel?

Help your child draw a picture of him or herself doing something that makes him or her feel proud.

"Mirror, mirror, what do you see?"



"I see a *happy* face looking at me!"

Ask your child to show a happy face to the mirror and then ask your child what things make him or her happy.

Help children recognize the things they do well.

Repeat using other emotions.



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