

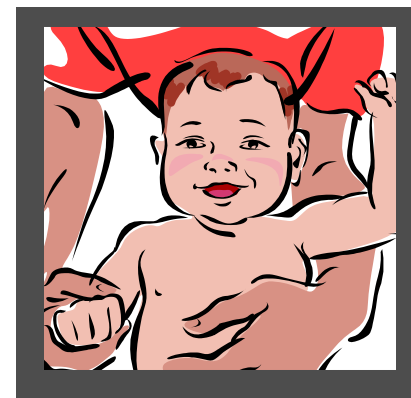


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Tickle Rhymes



for
Baby & You

Why are songs and rhymes important?

Your baby learns through his or her senses.

Singing and rhyming with your baby are important because so many of his or her senses are being activated.

Your baby:

- **feels** warm and safe
- **hears** your voice
- **sees** your (*most special!*) face.

Your baby learns through repetition.

Singing the same songs, saying the same rhymes and reading the same stories over and over again helps your baby form patterns and understandings about language.

Your baby learns through physical and social interaction.

Playing games that require physical interaction with your baby, like “Peek-a-boo” or tickle rhymes, help your baby learn.

Your baby learns by being talked to and by trying to talk to you.

Talking with your baby throughout the day about everything you do will help your baby learn language.

Research shows that knowing songs and rhymes at age three is related to how well a child reads at age six.

You Be The Ice Cream

A lap rhyme for hugging.

You be the ice cream,

(Shiver your fingers around child.)

And I'll be the freezer.

(Put your arms around her.)

You be the lemon,

(Touch her on the chin, lick your finger and make “sour” face.)

And I'll be the squeezer.

(A nice hug.)

You be the hot dog,

(Pretend to take a bite somewhere.)

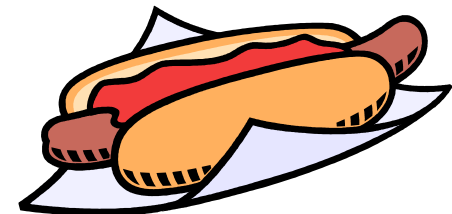
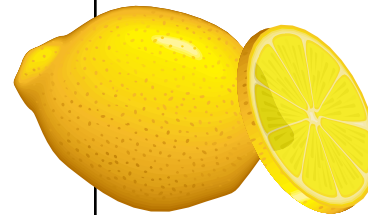
And I'll be the bun.

(Another hug!)

You be the baby (or child's name),

And we'll have some fun!

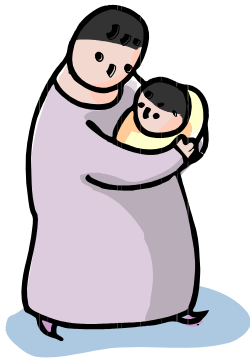
(End with a tickle.)



Brow Brinky

Lightly tap the parts of your baby's face as you say this rhyme.

Brow brinky,
Eye winky,
Chin choppy,
Cheek cherry,
Mouth merry.



Moses Supposes

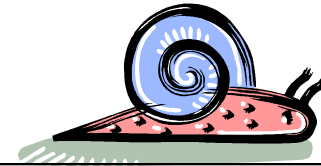
Pat your baby's foot as you say the rhyme.

Moses supposes his toeses are roses,
But Moses supposes erroneously:
For nobody's toeses are posies of roses,
As Moses supposes his toeses to be.



Earkin-Hearkin

Earkin-hearkin,
Wiggle each of your baby's ears.
Eyekin-spykin,
Touch beside each eye.
Cheeky-chucky,
Gently pinch each cheek.
Chin-chin-chin,
Pat under chin.
And down the hatch!
Walk fingers up to your baby's mouth..



Slowly, Slowly, Very Slowly

Slowly creep you fingers up your baby's arm.
Slowly, slowly, very slowly,
Creeps the garden snail.
Slowly, slowly, very slowly,
Up the wooden rail.



Quickly 'jump' your fingers up your baby's arm.
Quickly, quickly, very quickly,
Runs the little mouse.
Quickly, quickly, very quickly,
Round about the house.

This One's the Thumb

This one's the thumb,
Wiggle your baby's thumb.

This one shakes the plums,
Wiggle first finger.

This one picks them up,
Wiggle middle finger.

This one takes them home,
Wiggle third finger.

And little Wuzi Wuzi
Wiggle little finger.

Eats them all up!

Run your fingers up your baby's arm and end with a tickle.

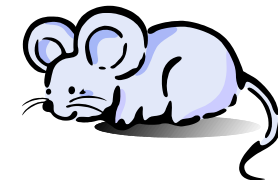


Round and Round the Garden

Round and round the garden,
Run your index finger round your baby's palm.
Went the Teddy Bear.

One step,
Two steps,
'Jump' Your finger up your baby's arm.
Tickly under there.
Tickle your baby under the arm.

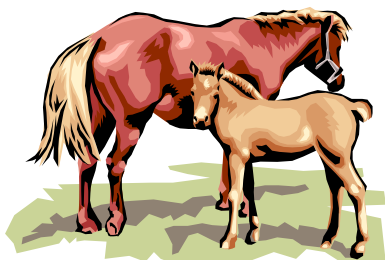
Round and round the haystack,
Went the little mouse.
One step,
Two steps,
In his little house.
Repeat the same actions for the second verse.



Shoe a Little Horse

Pat your baby's foot as you say this rhyme.

Shoe a little horse,
Shoe a little mare,
But let the little colt (or filly)
Go bare, bare, bare.



Pat Your Head

Do the actions with your baby.

Pat your head,
And rub your tummy.
Tickle your toes,
And hug your mummy.

The Moon is Round

This is a good rhyme to help when washing your baby's face.

The moon is round,
Gently trace your finger (or face cloth) around your baby's face.
As round can be.
Two eyes,
Lightly touch your baby's eyebrow.
A nose,
Touch your baby's nose.
And a chin,
Touch your baby's chin.
Like me!

