

Teacher/Parent Kindergarten School Readiness Resource

Teachers: This new resource is designed for Kindergarten teachers to adapt and use as a handout to give to parents at the beginning of the school year.

Parents: This resource may help to give you some ideas of how to prepare your child for Kindergarten.

It includes writing practice sheets and a scissor handling practice page.



Kindergarten Daily Routines and Curriculum Areas

When arriving at school each morning please encourage your child to be as independent as possible by letting them hang up their own coats and allowing them to change their own books.

To help them settle into kindergarten each day we begin the morning with a range of 'starter activities' which help to promote fine motor development and allows them to socialize with the teachers and their new friends.



Areas of learning

- Personal, Social and Emotional
- Communication, Language and Literacy
- Problem –Solving, Reasoning and Numeracy
- Physical Development
- Knowledge and Understanding



alligator

Phonics

In kindergarten we will work on phonics and slowly begin to introduce the children to new letter sounds.

At this stage we only use the letter sound and not the letter name.

Please help your child by supporting this work at home. Play games such as "I Spy".



Play is vitally important for all young children

and as such has a very high focus in our Kindergarten. We adopt a practical, 'hands-on' and active approach to learning.

Encourage good habits when your child uses pencils, pens and scissors. Children are expected to hold the pencil between the thumb and second finger, with the third finger supporting the pencil underneath. The second sheet indicates, how we write the letters and numbers, showing the starting point for each symbol. Please help your child use the correct method of writing lower and upper case letters when writing a home.

Cutting is a difficult skill and most children need plenty of practice to become accurate and skilful in the use of scissors. It would be very helpful if you could provide opportunities for this at home. Let your child practice cutting strips along the edge of some paper.

Start your child's day with **breakfast**.

It helps their brain learn.

Lunch: We encourage healthy eating in kindergarten. When you pack your child's lunch, think of the 4 food groups. (Fruit & vegetables, grain products, milk & alternatives, meat & alternatives). Try to have mostly fruits, vegetables, whole grain foods and 1% milk.



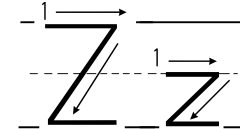
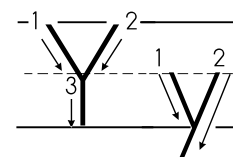
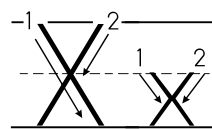
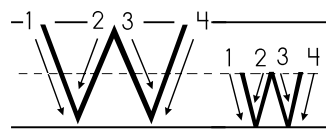
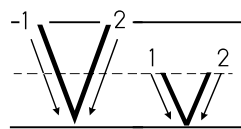
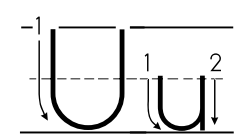
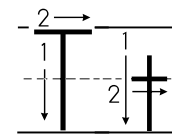
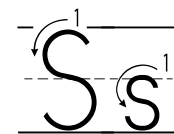
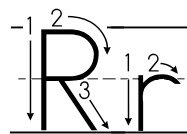
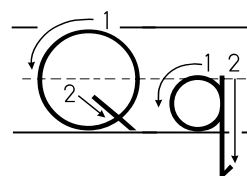
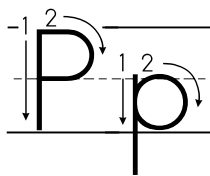
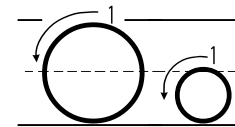
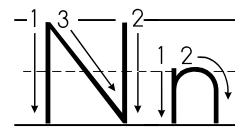
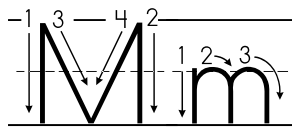
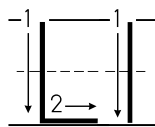
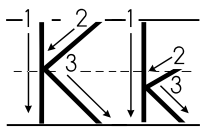
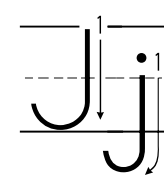
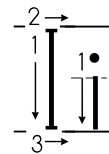
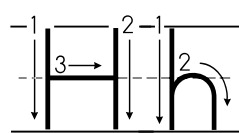
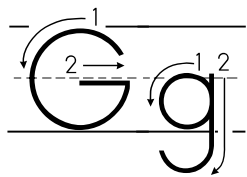
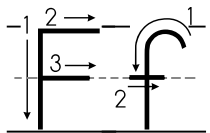
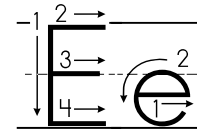
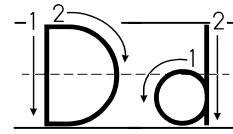
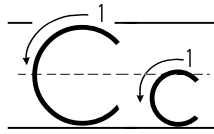
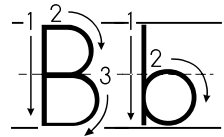
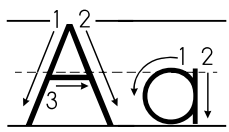
As fall approaches it is essential that all children have warm, waterproof clothing at school.

Please bring coats, hats and mittens everyday and encourage your child to try to put these on by themselves.

Backpacks should contain a spare set of clothes, particularly underwear, tracksuit and socks.



This page shows the correct way to form letters.



Writing practice page

Aa

Bb

Cc

Dd

Ee

Ff

Gg

Hh

Ii

Jj

Kk

Ll

Mm

Nn

Oo

Pp

Qq

Rr

Ss

Tt

Uu

Vv

Ww

Xx

Yy

Zz

1

2

3

4

5

6

7

8

9

10

Use this page for cutting out practice

