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Rhymes



for the
Outdoors

Why are songs and rhymes important?

Your baby learns through his or her senses.

Singing and rhyming with your baby are important because so many of his or her senses are being activated.

Your baby:

- **feels** warm and safe
- **hears** your voice
- **sees** your (*most special!*) face.

Your baby learns through repetition.

Singing the same songs, doing the same rhymes and reading the same stories over and over again helps your baby form patterns and understandings about language.

Your baby learns through physical and social interaction.

Playing games that require physical interaction with your baby, like “Peek-a-boo” or tickle rhymes help your baby learn.

Your baby learns by being talked to and by trying to talk to you.

Talking with your baby throughout the day about everything you do will help your baby learn language.

Research shows that knowing songs and rhymes at age three is related to how well a child reads at age six.

Clapping Rhymes

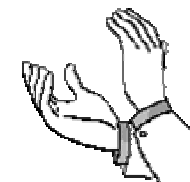
A Sailor Went to Sea

A sailor went to
Sea, sea, sea
To see what he could
See, see, see.

But all that he could
See, see, see.
Was the bottom of the deep blue
Sea, sea, sea.



A— Clap your own hands
sai—clap right hands with a partner
lor—Clap your own hands
went —clap left hands with partner
to—clap your own hands
sea—clap your partner’s hands three times...
Repeat movements



Clapping Rhymes

I Had a little Sister

I had a little sister,
Her name was Sally Sue.
I put her in the bathtub
To see what she would do.

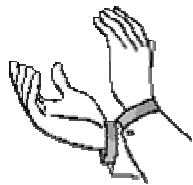


She drank up all the water.
She ate up all the soap.
She tried to eat the bathtub,
But it wouldn't fit down her throat.

I called the doctor.
I called the nurse.
I called the lady
With the alligator purse.

“Mumps” said the doctor.
“Measles” said the nurse.
“Pizza” said the lady
With the alligator purse.

I—clap own hands
had—clap right hand with partner
a—clap own hands
lit—clap left hand with partner
tle—clap own hands
sis—clap partner's hands
ter—clap own hands
Pause—clap own hands behind back
Repeat movements

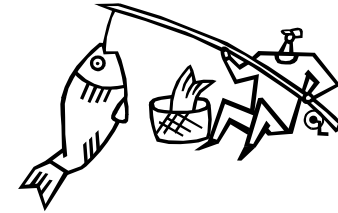


Skipping Rhymes

Down by the River

Down by the river,
Down by the sea,
Mary went fishing
With Dad and me.

Mary's were best
In the batch.
How many big ones
Did she catch?
One, two, three.....



Skipping Rhymes

Charlie Chaplin

Charlie Chaplin
went to France.
Showed the people there
how to dance.

First on the heels and
then on the toes,
Spin around and
touch your nose.

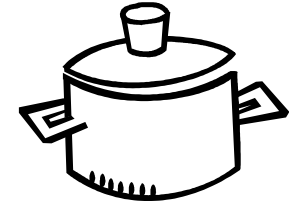
Touch your shoulders
then your hips.
Point to your knees,
and then your hips.



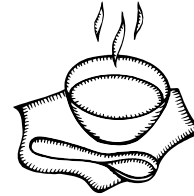
Clapping Rhymes

Pease Porridge

Pease porridge hot.
Pease porridge cold.
Pease porridge in the pot,
Nine days old.

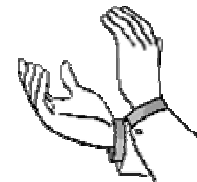


Some like it hot.
Some like it cold.
Some like it in the pot,
Nine days old.



Daddy likes it hot.
Mother likes it cold.
I like it in the pot,
Nine days old.

Pease—slap knees
porridge—clap own hands
hot—clap partner's hands
pease porridge cold—same
pease—slap knees
porridge—clap own hands
in the—clap right hand with partner
pot—clap own hands
nine—clap left hand with partner
days—clap own hands
old—clap partner's hands...
Repeat movements



Ball Playing Rhymes

Seasons

Winter
Spring
Summer
Fall

Name the seasons as you
Bounce your ball.

Faster, faster,
Up and down,
Bounce the ball as you
Touch the ground.



One, Two, Three, O'Leary

1, 2, 3, O'Leary
4, 5, 6, O'Leary
7, 8, 9, O'Leary
10 O'Leary, caught it.

Bounce the ball on the numbers.
Pass your leg over the ball on "O'Leary."
Catch the ball on "caught it."



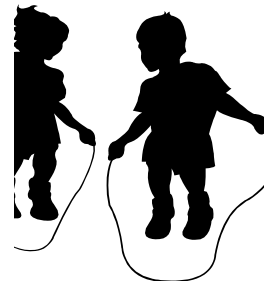
Skipping Rhymes

Mother, Mother

Mother, Mother
I feel sick.
Send for the doctor
Quick, quick, quick.

With this fever
I might bake.
How many flu shots
Will it take?

1, 2, 3,



Ball Playing Rhymes

One, Two.....

One, two,
Buckle my shoe.

Three, four,
Shut the door.

Five, six,
Pick up sticks.

Seven, eight,
Lay them straight.

Nine, ten,
Start again.



Game 1

Bounce the ball on numbers, pass leg over ball on words.

Game 2

Bounce the ball on numbers, toss the ball to the next child on words.



Ball Playing Rhymes

My Name is Alice

My name is Alice.
My husband's name is Alex.
We come from Alberta.
And we sell Apples

My name is Bart.
My wife's name is Betty.
We come from Burlington.
And we sell bicycles.



Make up a verse for each letter of the alphabet until you miss the ball. Bounce the ball in rhythm, passing your leg over the ball as you say each name.

