

Food for Thought

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

c a r b o h y d r a t e
t p b w t n e i r t u n
n g r m c y n p f t f l
o z r o b w d b i w a t
i n e h t q t f b r m s
t i t n c e k l e c t y
s m m b u t i n r a t h
e a x r l m i n r q y t
g t d b h m m c w q h l
i i d k l c h i m r z a
d v m k t d y l l y p e
m n l m b z f y h f k h

Word List

carbohydrate
digestion
fiber
healthy
immune

mineral
nutrient
protein
starch
vitamin

Canada's Food Guide to Healthy Eating

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

a j w p v a b i s y h p
l e h y a d a p t e d o
t f z t q r x o i t p u
e u g i f b n h a e g l
r s m o s r e l d d o t
n k e t r a b e j i m r
a n a x c e h r l u c y
t l k g s c z p d g f z
i v a r i e t y m d u q
v c w r v i e k m e n d
e o n j d e m u s n o c
r e c o m m e n d e d l

Word List

adapted
alternative
consumed
emphasize
enriched

guide
poultry
recommended
toddlers
variety

Feeding Your Child

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

t b a l a n c e d u f i
i s p d y p k n y e s n
x h p j m r o t r q o d
z c e g a c i l e h q e
s a t q e r u s s e r p
p m i g u i v u y f i e
j o t c b n o e j p s n
k t e w l i b n g u f d
a s z m r e g u l a r e
d x s u o i t i r t u n
t o c h b c k w l r m t
e n i t u o r d a v c h

Word List

appetite
balanced
curious
independent
nutritious

pressure
regular
routine
security
stomachs

Menu Planning

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

j y h i r g a b a g e l
p a s t i u c s i b i b
w s m c r a c k e r s y
o d f i q k r h v e j a
z o v o z b g u q a x p
p u m p e r n i c k e l
k g j h b e w l w f c a
o h d x m s m b u a y n
t n l a d f r c v s c n
a c r o i s s a n t t i
k p n e n l q d u e d n
u l g m p e y t f s x g

Word List

bagel
biscuits
breakfast
crackers
croissant

daily
dough
menu
planning
pumpernickel

Grocery Shopping

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

c a v b r u a t i s y j
w o j e i q o i u c l b
j x m x b w t n f h k d
n k w p r o d u c t s c
i o r e a h z v m r s l
e c h n m r d s h k e g
y r z s k p i y d f x c
p e n i t e m s c a z h
g y o v l e p n o h t e
e l a e d r l g x n y a
q f t b i g n i c i r p
u e g m q a a f d v j f

Word List

cheap

comparison

deal

expensive

flyer

items

pricing

products

rhyme

unit

Shopping and Advertising

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

a n k c i n f l u e n c e
d w q w x l r e n z u y t
v d n y p r c i g a m e x
e w e t q b z u i o x f o
r e s i v a u n m v l a v
t m d l g k f b i r d o y
i j s a m q h i m a g e s
s w m u t i g a p z t h l
e b i q a b z p a k m s c
m c v t p y e u c i g j g
e p x h j a f c t n p d f
n a g o l s o g z e j r l
t k a s n i d d a l a q h

Word List

advertisement
aladdin
appeal
images
impact

influences
magazine
magic
quality
slogan

Spending and Saving

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

b e j t v r s b l g b i w
l a d p o c c a s i o n g
o p w r f i v r e q c b p
a i p i l i o e v y h u f
z s h o v r n u a g q y i
t e k r e t l e h s m q n
q o u i c f d k a v t f a
b s p t d j y b x c b a n
u b d i h i m i j f e m c
d w e e r c v k m x d j e
g o n s a z k i n c b z s
e u c d t h l x d n s l g
t n e m n i a t r e t n e

Word List

bare
budget
debt
divide
entertainment

finances
occasion
priorities
shelter
survival

Fit for Life

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

c i r c u l a t o r y t
s w k r q c f o l t r u
e i s e i t i v i t c a
l e v d s b t l p u f p
c v n u d l i w o y t s
s m s c m b y c s a z e
u o h e i k o a t j b s
m b f x d a s g u p g a
g i e o m l d x r i c e
b l k h h t g n e r t s
f e i e r e x j h n q i
j z e n d u r a n c e d

Word List

activities
circulatory
diseases
endurance
flexibility

mobile
muscles
posture
reduce
strength

Self-Esteem

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

a d o h a x b i u c l i
c o s e c n e u l f n i
c k m y h c g l s f w c
e o p p o s i t e s d h
p e f a v r e r l j e a
t r p k c x i t f q f l
i u q z n o g v e h c l
n t i j r b n p s f m e
g r a g k i c s t j y n
z u s n p o s m e l e g
i n d e p e n d e n c e
d w u e r b o t m n t s

Word List

accepting
challenges
consent
cope
independence

inferior
influences
nurture
opposites
self-esteem

Self-Esteem and Children

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

p r e c a u t i o n o r
a w p v j r q l a m y n
k p q a i n u a r s i o
z s k l h t g l s j b i
l t x u z f i e x f s t
e i o a e u r s b k d c
g m j b g p f n o m s e
d u v l x n c t e p o f
i l i e d p v g y h c f
l a u d i v i d n i t a
i t a d e q u a t e m b
w e g a r u o c n e h c

Word List

adequate
affection
encourage
express
guide

individual
positive
precaution
stimulate
valuable

Parents and Self-Esteem

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

r e v i g e r a c j s m
b c o p r o t e c t o r
k n l i g q r a e r e e
b e z j u j e a w s n c
h r e d i v o r p r k e
v e p z d h e o c e l i
a f i u e o n p q t f v
w f p m b s o d v t c i
g i g y i x d i f a x n
n d n b e k n l c m d g
u t l d m o u f t g y s
d e v e l o p m e n t h

Word List

caregiver
development
difference
guide
matters

protector
provider
receiving
responsible
undone

The Brain

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

l a i t n e t o p z e d
d t d e c n e u l f n i
j y a m f v w z m e t s
d k n p u i e l u n v c
e v j o g r s r e a m o
t e p r b o o n u c i n
c b o a d n a t h w d n
e y j r s m c i f o k e
n l c y r e o a i m n c
n h h e g n x r q b x t
o r p s k t p w b f g e
c q p r o g r a m m e d

Word List

connected
disconnected
environment
influenced
neurons

permanent
potential
programmed
temporary
womb

The Newborn

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

n q j z h r e f l e x e s
o g i i b n e x f k q u c
i o e g n o p s a m r d s
t a z n e h r j p r y e p
a x o l a r b w o o v l i
c i t a m o t u a l n u n
i k d q j k n c o e p d d
n j d t z d p v b b i e i
u v r o i a e c m v d g c
m l i n c r e d i b l e a
m y g x s n f u s i t w t
o s u r v i v a l f e h e
c v y w m t g f h s c u g

Word List

automatic

communication

incredible

indicate

reflexes

respond

revolves

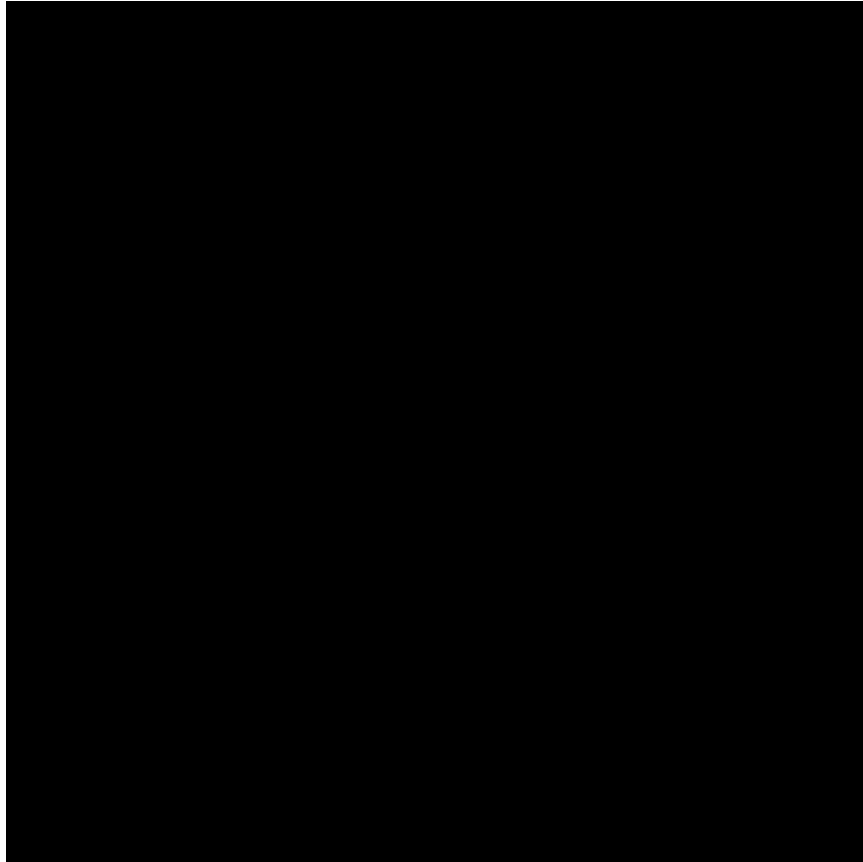
sponge

surroundings

survival

The Infant

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



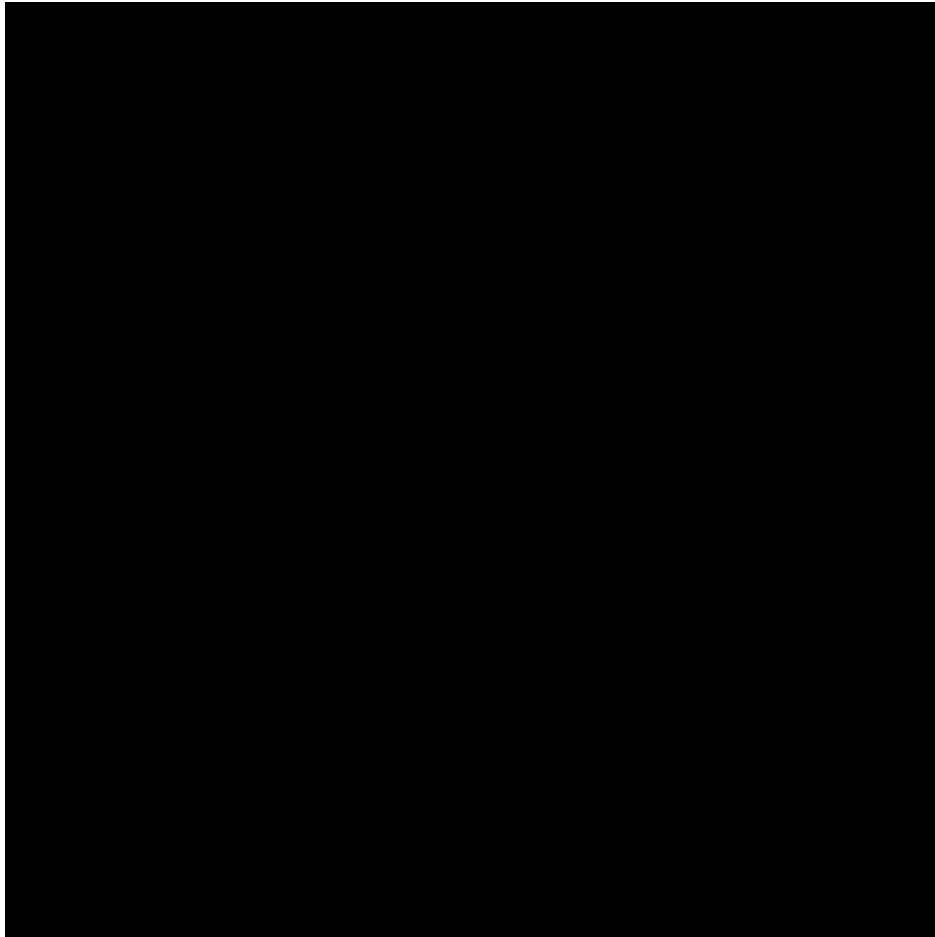
Word List

abstract
babble
chatter
definite
evolves

focus
relying
scribble
specific
verbalizing

The World of the Infant

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

concern
environment
expressions
facial
interact

particularly
professional
rhythm
stage-appropriate
stimulating

Toddlers

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

f e p g n i l b b i r c s
l c q w f o s i f t k s o
o n i l g h a u j p t a c
u e k m q t z v t a y e i
r d e o a m p o c b p w a
i n y g s g n k a d h r l
s e c n e g i l l e t n i
h p v x u n a n c a d u z
i e j e g n h w a n g m a
n d t r c j f k i t d v t
g n b i u e r b n q i s i
l i n o c t b x l i n o o
m g t h r o u g h o u t n

Word List

balancing
flourishing
imagination
independence
intelligence

scribbling
socialization
stacking
throughout
tongue

The World of the Toddler

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

affirming
artistic
creating
curiosity
objects

opportunities
providing
regard
requests
supervised

Children!

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

appetite
combination
complicated
expanded
hissy

hygiene
individuality
obvious
prediction
throaty

The World of the Child

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

accepting

chores

cycle

demonstrating

displaying

library

occasions

participate

permanent

species

Reading to Baby

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

bonding
convey
designed
discernment
distinguish

fortunate
photographs
routine
texture
unfortunately

Playing with Baby

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.

g a f s l w z g c j p a
n b e n g a g e m e n t
r s h a r i n g o y h d
f x r y e c k e h t o a
e i v e i r o k h g u h
x k o j n x o s b z s b
c m s e l i b o m g e m
i l w c p o a l f n h q
t e t s r m k t p i o d
i u a n j s e q n o l u
n r n q v d e p t o d i
g n i y n a p m o c c a

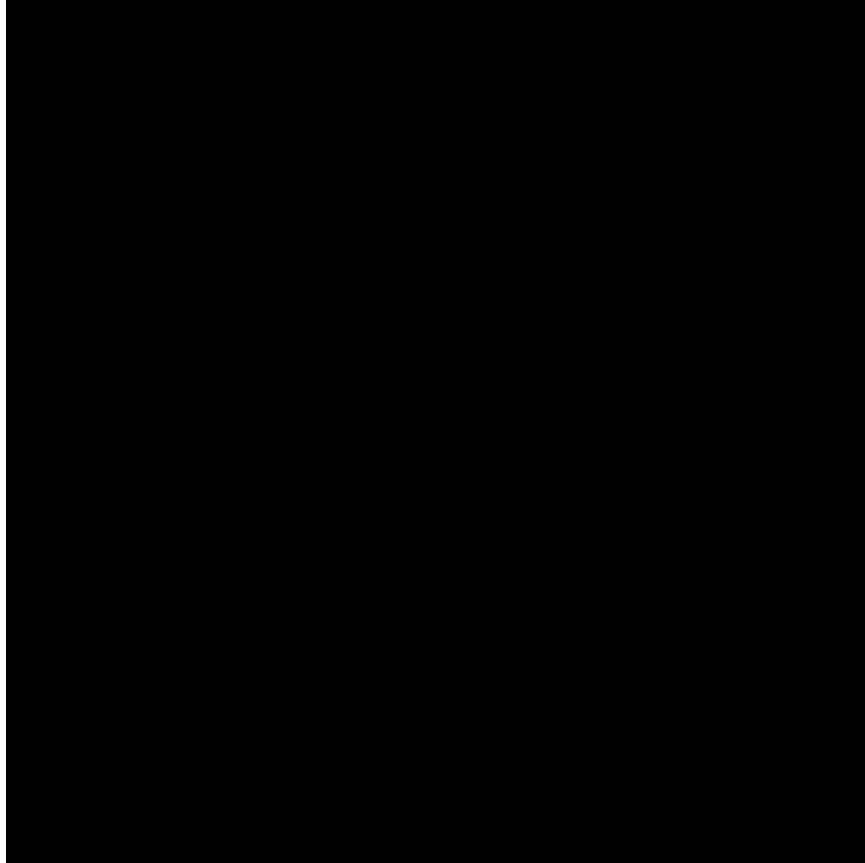
Word List

accompanying
containers
cooing
engagement
exciting

grasp
household
mobiles
peek-a-boo
sharing

Reading to your Toddler

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



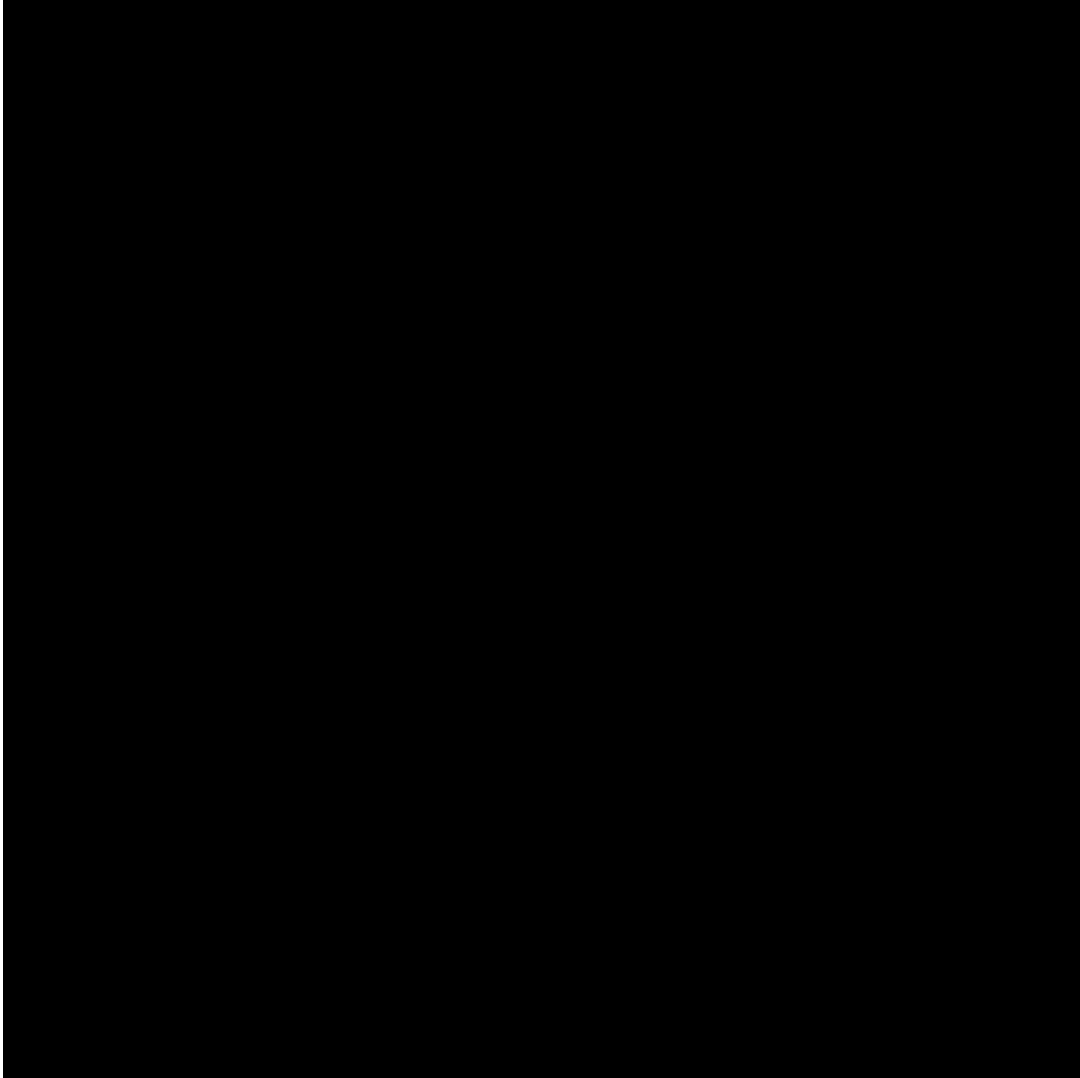
Word List

concept
consequence
deductive
enrich
illustrate

interactive
predictable
process
repetition
various

Story Time

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

Beast

Beauty

Cinderella

Dwarfs

Midas

Pinochio

Prince Charming

Rapunzel

Rumplestiltskin

Snow White

Reading to a Child

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

agility
boundaries
character
familiarize
illustrate

physiological
portray
pronunciation
regularly
sophisticated

Child's Play

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



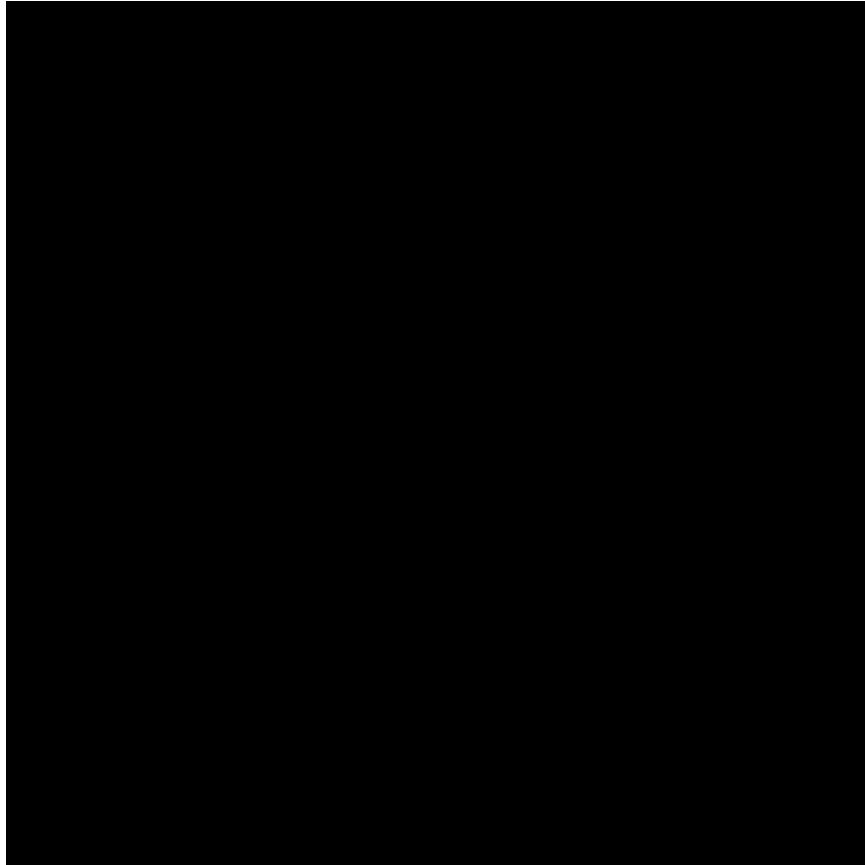
Word List

alphabet
confined
contradiction
contradictory
determine

paradox
storytelling
unique
uniquely
uniqueness

Early Writing

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



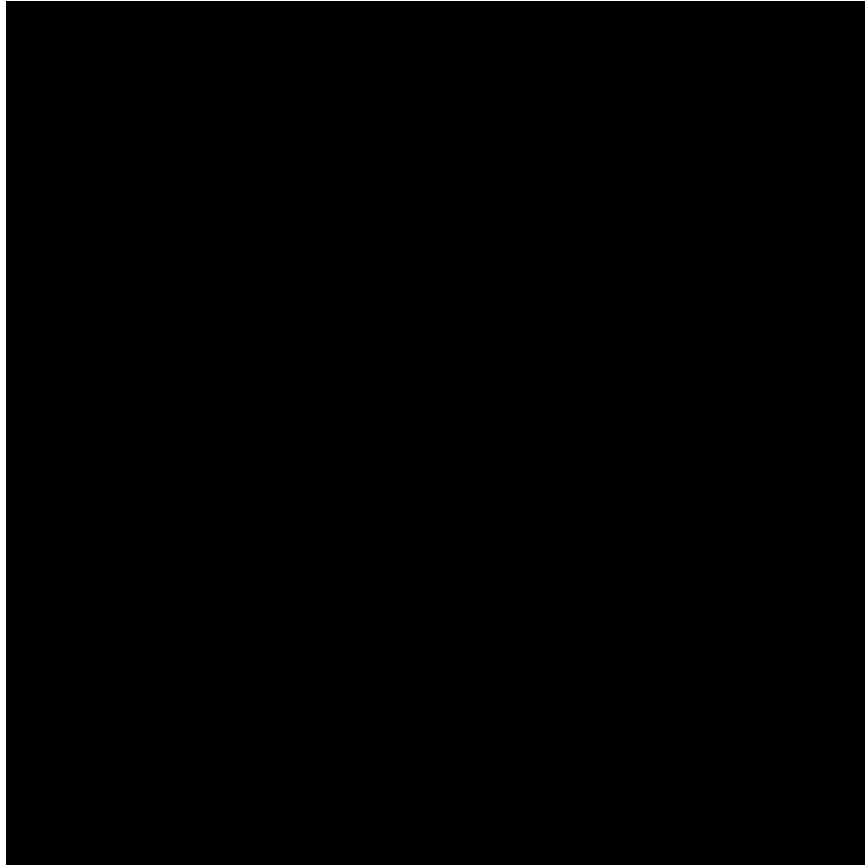
Word List

distant
drawings
labelling
magnetic
mirror

occasion
praising
represented
sidewalk
tracing

Television

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



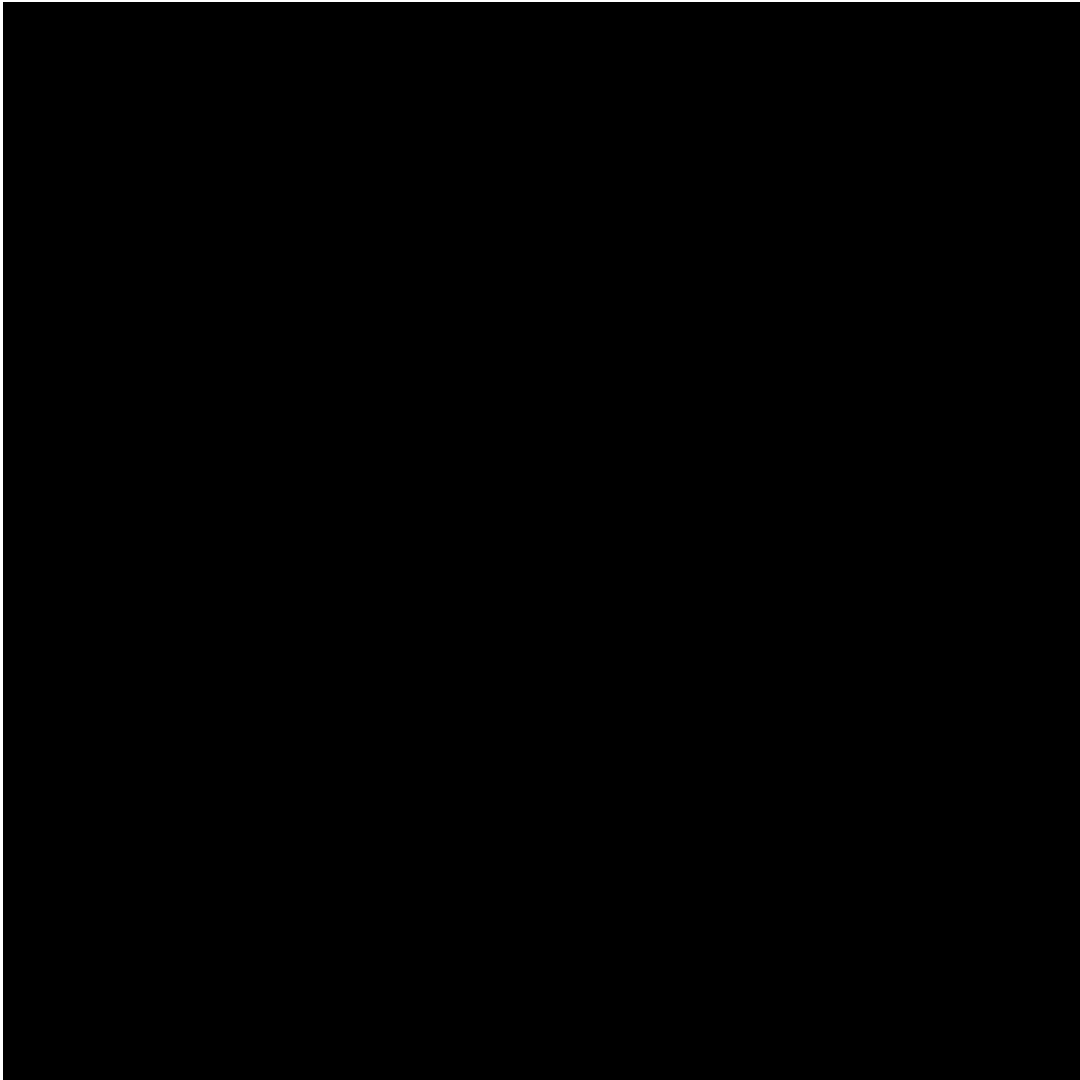
Word List

aggression
boob tube
commercial
disclaimer
distraction

episode
highlighter
non-violent
viewing
violence

Measurement

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

carpeting
celsius
Chinese
fahrenheit
height

philosopher
prefixes
procrastinate
procrastination
standard

Home and School

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



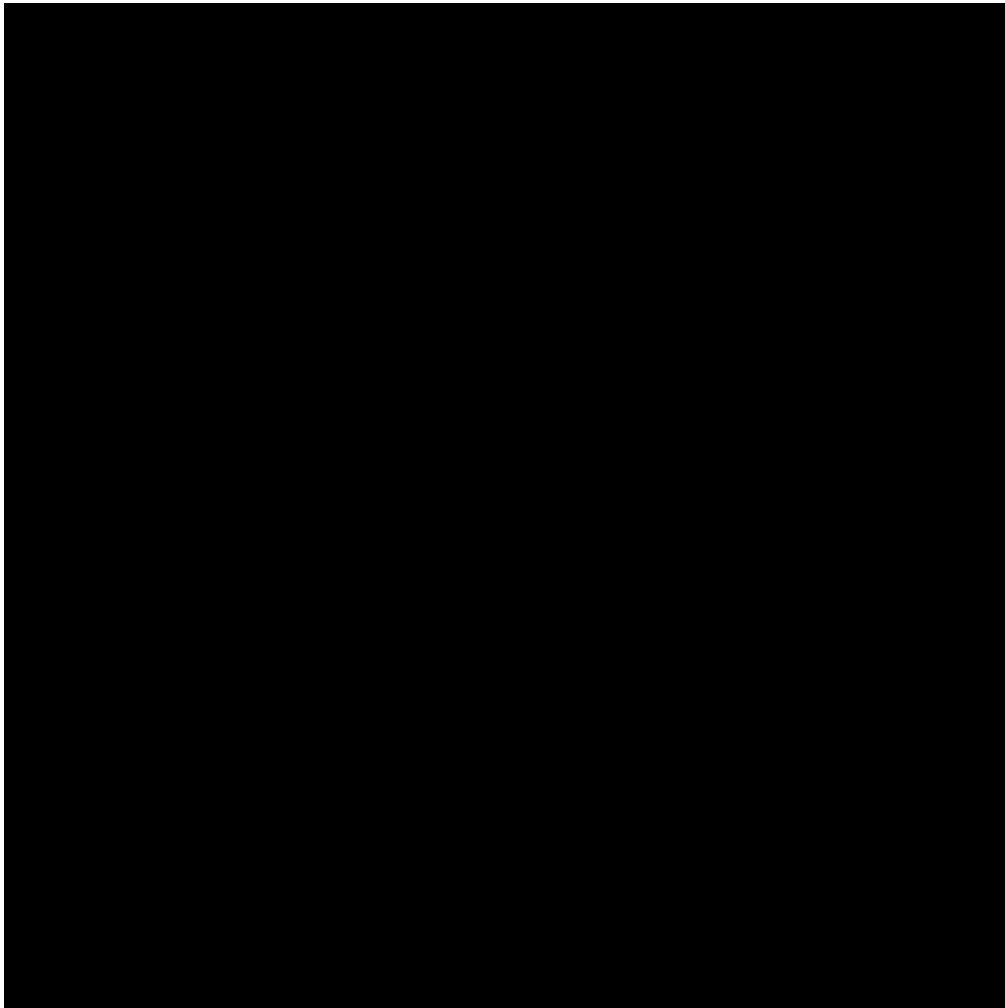
Word List

achievements
affirmative
communication
curse
darkness

illuminate
paraphrase
principal
proverb
volunteer

Your Community

Find the words in the grid below. Words can go horizontally, vertically and diagonally in all directions.



Word List

African
laundromat
lawyer
neighbour
nephew

niece
restaurant
superintendent
village
waitress