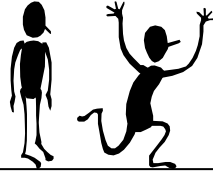


How Many is That?

- ◆ **More than 50% (one in two) Canadian children are not active enough.**

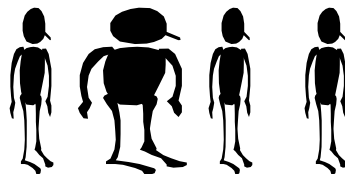


1 out of 2
not active enough

This means that:

- _____ out of 6 are not active enough. (Example: a large family)
- _____ out of 30 are not active enough. (Example: a class)
- _____ out of 2 000 are not active enough. (Example: a small town)
- _____ out of 30 000 000 are not active enough. (Example: a whole country)

- ◆ **About 25% (one in four) of Canadian children are overweight.**



1 out of 4
overweight

This means that:

- _____ out of 12 are overweight. _____ out of 800 are overweight.
- _____ out of 40 are overweight. _____ out of one million are overweight.