

Milestones



If you say something is a milestone, you mean it is a memorable step in development. For example, a baby’s first tooth or a child’s first school day are milestones. The chart below shows some more common milestones in a child’s life.

newborn	makes eye-contact, turns towards human voice
1 to 3 months	smiles, holds toys
3 to 6 months	reaches for toys, rolls over
6 to 9 months	sits up, babbles
9 to 12 months	crawls, pulls self up, walks by holding onto furniture, picks up toys, says words
12 to 18 months	walks alone, tries to feed self, says many more words
18 months to 2 years	runs, climbs, kicks, holds crayon, speaks in short sentences
2 to 3 years	hops, throws and catches, puts on shoes, plays make-believe
3 to 4 years	plays at being grown up, makes friends, has conversations
4 to 5 years	helps with chores, plays sports, begins to read and write
6 years	knows difference between right and wrong, fantasy and reality

(from *The Nanny*, Literacy Network Northeast)

Can you remember when these milestones appear?

Try writing in the correct age for each one without looking back at the chart. Then check your own answers.



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