

Upgrading for Parents with Preschoolers

Children's Program Plan

Growing and Learning—Part A

Word of the Day: “Ruby Red”

Art or Special Activity

- Painting: Paint with red paint then add white. Discuss what happens. Label different shades of red and pink for children.
- Make a Note Book: Teacher staples pieces of paper together to make a blank book. Children draw and print in it to make their own book. Younger children can put stickers in their book.

Books

- *Red is Best*, by K. Stinson
 - *The Color Wizard*, by Barbara Brenner
 - *Do You Know Colors?* by J.P. Miller and Katherine Howard
 - *Purple, Green and Yellow*, by Robert Munch
 - *Little Red Riding Hood* (traditional)
 - *Clifford the Big Red Dog*, by Norman Bridwell
 - *Growing Colours*, by Bruce McMillan
- Or use any book and look for red objects in it.

Pre-Literacy Skills

- Book Awareness: Read the book, *Red is Best*. Where is the front cover? What is a title? In which direction do we turn the pages? We read from left to right.
- New Vocabulary: “rose,” “crimson,” “scarlett,” “magenta,” “bubblegum pink.” Also see the poem “The Paint Box.”
- Language Skills: See circle – children describe the red object they have found.

Poems

- “Roses Are Red”
- “The Paint Box,” by E.V. Rieu
- “I Once Had a Blanket”
- “Taste of Purple,” by Leland B. Jacobs
- “Rain on the Green Grass”

Gross Motor Skills

- Interest Centre: Collect red items such as scarves, flowers, cherries, apples and crayons. Put them on a table and allow children to explore them. Write a list of your objects to promote print awareness.
- Play, “I Spy with my little eye, something that is red.” Children take turns leaving the circle to find a red object. Bring it back to circle. Describe it.

Songs

- “Mary Wore Her Red Dress” (Raffi’s Everything Grows)
- “Stop Says the Red Light”
- “Bumping Up and Down,” (Raffi’s Singable Songs Collection)
- “Little Red Caboose”
- “I See a Girl (With a Red Dress On)”

Numeracy Skills

- Estimation: Adult fills a container with small red objects (blocks or candies). Children estimate how many objects they think are in the container.
- Make a Graph: How many people are wearing red today? Green? Blue?

Parent/Child Time

- Parents and children make a red collage together. Glue red art materials (yarn, fabric, stickers, ribbons, etc.) onto construction paper. Use red markers or crayons.

Notes/Other

Extra Activity: On a sunny day, give each child a sheet of red cellophane in a cardboard frame. Show them how to make red shadows outside by allowing the sun to shine through their paper. You can also use them as red view finders to turn the world into a very red place.

Roses Are Red

Roses are red,
Violets are blue,
Sugar is sweet,
And so are you.

The Paint Box by E. V. Rieu

Cobalt and umber and ultramarine,
Ivory and black and emerald green.
What shall I paint to give pleasure to you?
Paint for me somebody utterly new.

I have painted you tigers in crimson and white.
The colours were good and you painted aright.
I have painted the cook and a camel in blue,
And a panther in purple. You painted them true.

Now mix me a colour that nobody knows,
And paint me a country where nobody goes.
And put in it people a little like you,
Watching a unicorn drinking the dew.

I Once Had a Blanket

I once had a blanket that was fluffy and new.
I once had a blanket and its colour was blue.

I once had a blanket, the prettiest I've seen.
I once had a blanket and its colour was green.

I once had a blanket as soft as a pillow.
I once had a blanket and its colour was yellow.

I once had a blanket at the foot of my bed.
I once had a blanket and its colour was red.

I once had a blanket and I took it to town.
I once had a blanket and its colour was brown.

I once had a blanket, oops it dropped in the sink.
I once had a blanket and its colour was pink.

I once had a blanket, it was the prettiest sight.
I once had a blanket and its colour was white.

I once had a blanket that I kept in a pack.
I once had a blanket and its colour was black.

Taste of Purple

Grapes hang purple
In their bunches,
Ready for September lunches.
Gather them,
No minutes wasting.
Purple is delicious tasting.

Rain on the Green Grass

Rain on the green grass,
Rain on the tree.
Rain on the rooftop,
But not on me.

Mary Wore Her Red Dress

Mary wore her red dress, red dress, red dress,
Mary wore her red dress all day long.

Mary wore her red hat, red hat, red hat,
Mary wore her red hat all day long.

Stop Says the Red Light

(to the tune of "Twinkle, Twinkle, Little Star")

Stop says the red light,
Go says the green.
Slow says the yellow light in between.

Stop says the red light,
Go says the green,
We must obey them, even the queen!

Bumping Up and Down *from Raffi's*

Singable Songs Collection

Bumping up and down in my little red wagon,
Bumping up and down in my little red wagon,
Bumping up and down in my little red wagon,
Won't you be my darlin'?

One wheel's off and the axle's broken,
One wheel's off and the axle's broken,
One wheel's off and the axle's broken,
Won't you be my darlin'?

Johnny's going to fix it with a nail and hammer,
Johnny's going to fix it with a nail and hammer,
Johnny's going to fix it with a nail and hammer,
Won't you be my darlin'?

Little Red Caboose

Little red caboose, chug, chug, chug
Little red caboose, chug, chug, chug
Little red caboose behind the train, train, train,
train
Smokestack on his back, back, back, back
Chugging down the track, track, track, track
Little red caboose behind the train.

I See a Girl With a Red Dress On

(To the tune "The Wheels on the Bus")

I see a girl with a red dress on
A red dress on, a red dress on.
I see a girl with a red dress on.
Who is she?

(Repeat using blue pants, green top, etc.)

Upgrading for Parents with Preschoolers

Children's Program Plan

Growing and Learning—Part B

Word of the day: "Prop"

<p><u>Art or Special Activity</u></p> <ul style="list-style-type: none"> Finger paint with Props: Add props such as forks, small toy cars, and Popsicle sticks to your finger painting. 	<p><u>Books</u></p> <ul style="list-style-type: none"> <i>Jillian Jiggs</i>, by Phoebe Gilman <i>Dress-Up</i>, by Holly Mann <i>Where the Wild Things Are</i>, by Maurice Sendak <i>Barnyard Dance</i>, by Sandra Boynton <i>Green Eggs and Ham</i>, by Dr. Seuss
<p><u>Pre-Literacy Skills</u></p> <ul style="list-style-type: none"> Expressive Language Skills: Adult holds a prop and child makes a sentence or a short story using the prop. Nursery Rhymes Awareness: Act out and recite your favourite book or nursery rhyme while using props. 	<p><u>Poems</u></p> <ul style="list-style-type: none"> "Jack and Jill" "Boys and Girls Come Out to Play" "My Parents Are Pretending" "Channels" by Shel Silverstein
<p><u>Gross Motor Skills</u></p> <ul style="list-style-type: none"> Pretend Play: Bring in everyday household items to play with (for example: kitchen items, such as rolling pins, aprons, ladles or bathroom things, such as towels, wash clothes, soap, empty shampoo bottles). 	<p><u>Songs</u></p> <ul style="list-style-type: none"> "One Elephant Went Out to Play" "Ring Around the Rosie" "Hokey Pokey" "Five Little Ducks" "Five Little Monkeys Jumping on the Bed" "Twinkle, Twinkle, Little Star"
<p><u>Numeracy Skills</u></p> <p>Shape Identification: Put together puzzles. Extend learning by discussing the puzzle picture. Count the pieces.</p>	<p><u>Parent/Child Time</u></p> <p>Make finger play props together. Draw, colour and cut out five monkeys. Glue onto Popsicle sticks. Use while singing "Five Little Monkeys Jumping on the Bed."</p>
<p><u>Notes/Other</u></p> <ul style="list-style-type: none"> Bring in or make props to use with the songs and poems, for example: use five rubber ducks while singing the song, "Five Little Ducks" or use a cut-out of a star while singing "Twinkle, Twinkle, Little Star." 	

Jack and Jill

Jack and Jill went up the hill,
To fetch a pail of water.
Jack fell down and broke his crown,
And Jill came tumbling after.

Up Jack got and home did trot,
As fast as he could caper,
To old Dame Dob, who patched his nob,
With vinegar and brown paper.

Boys and Girls Come Out to Play

Boys and girls come out to play,
The moon doth shine as bright as day.
Leave your supper and leave your sleep,
And join your playfellow in the street.
Come with a whoop and come with a call,
Come with a goodwill or not at all.
You find milk and I'll find flour,
And we'll have pudding in half an hour.

My Parent's Are Pretending by Ted Sheu

I'm pretty sure my parents are
pretending they are sick.
I know because I taught them both
to do that little trick.
You blow your nose and hold your head
and claim your brain is breaking.
And so, a pro like me would know
my folks are clearly faking.
A little thing I learned in school
convinced me I am right.
My parents are supposed to meet
my principal tonight.

Channels by Shel Silverstien

Channel 1's no fun.
Channel 2's just news.
Channel 3's hard to see.
Channel 4 is just a bore.
Channel 5 is all jive.
Channel 6 needs to be fixed.
Channel 7 and Channel 8-
Just old movies, not so great.
Channel 9's a waste of time.
Channel 10 is off, my child.
Wouldn't you like to talk awhile?

One Elephant

One elephant went out to play,
Upon a spider's web one day.
He had such enormous fun,
That he called for another elephant to come!

Two elephants went out to play,
Upon a spider's web one day.
They had such enormous fun,
That they called for another elephant to come.

Three elephants went out to play,
Upon a spider's web one day.
They had such enormous fun,
That they called for another elephant to come.
But there were no more elephants.

Ring Around the Rosie

Ring around the rosie,
A pocket full of posies.
Hush-a, hush-a.
We all fall down.

Hokey Pokey

You put your right foot in,
You put your right foot out;
You put your right foot in,
And you shake it all about.
You do the Hokey-Pokey,
And you turn yourself around.
That's what it's all about!

You put your left foot in,
You put your left foot out ...*continue*

You put your right hand in,
You put your right hand out...*continue*

You put your left hand in,
You put your left hand out...*continue*

You put your right side in,
You put your right side out...*continue*

You put your left side in,
You put your left side out...*continue*;

You put your nose in,

You put your nose out...*continue*;

You put your backside in,
You put your backside out...*continue*;

You put your head in,
You put your head out...*continue*;

You put your whole self in,
You put your whole self out...*continue*;

Five Little Ducks

Five little ducks went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
But only four little ducks came back.

Four little ducks went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
But only three little ducks came back.

Continue until...

One little duck went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
But none of the five little ducks came back.

Sad Mother Duck went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
And all of the five little ducks came back!

Five Little Monkeys

(Suit actions to words)

Five little monkeys,
Jumping on the bed.
One fell off,
And bumped his head.
Mamma called the doctor,
And the doctor said,
"No more monkeys
Jumping on the bed!"

Four little monkeys ... *(repeat verse)*

Three little monkeys ... *(repeat verse)*

Two little monkeys ... *(repeat verse)*

One little monkey,
Jumping on the bed.
He fell off,
And bumped his head.
Mamma called the doctor,
And the doctor said,
"Put those monkeys
Straight to bed!"

Twinkle, Twinkle, Little Star

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.

Twinkle, twinkle, little star,
How I wonder what you are!