

## Upgrading for Parents with Preschoolers

# Children's Program Plan

Goodbye

**Word of the Day:** “Au revoir,” “Adios,” “Arrivederci”

<p><b><u>Art or Special Activity</u></b></p> <ul style="list-style-type: none"> <li>• Cupcakes: Decorate cupcakes with icing and sprinkles (if facilities allow – bake the cupcakes as well).</li> <li>• Face painting: Paint children's initials on their faces.</li> <li>• Make party crowns: (see Pre-Literacy Skills)</li> </ul>	<p><b><u>Books</u></b></p> <ul style="list-style-type: none"> <li>• <i>Happy Birthday to You</i>, by Dr. Seuss</li> <li>• <i>Franklin's Birthday Message</i>, by Paulette Bourgeois</li> <li>• <i>Ice Cream Soup</i>, by Frank Modell</li> <li>• <i>The Party</i>, by Barbara Reid</li> <li>• <i>Miss Spider's Tea Party</i>, by David Kirk</li> </ul>
<p><b><u>Pre-Literacy Skills</u></b></p> <ul style="list-style-type: none"> <li>• Fine Motor Skills: Make party crowns: Cut bristol board lengthwise into strips 7.6 cm (3”) wide. Cut one long side so that it has a jagged pointed edge. Staple the two smaller end edges together so that the strip makes a circle. Decorate with markers, sparkles, and scraps of papers.</li> </ul>	<p><b><u>Poems</u></b></p> <ul style="list-style-type: none"> <li>• Pat-a-Cake</li> <li>• Ten Candles</li> <li>• Five Ice Cream Cones</li> <li>• You Be the Ice Cream</li> </ul>
<p><b><u>Gross Motor Skills</u></b></p> <ul style="list-style-type: none"> <li>• Dancing with streamers: Attach a long piece of party streamer to a clothes pin. Child holds the clothes pin and waves the streamer while dancing to music.</li> <li>• “Popcorn Popping” song: Act out actions while singing the song.</li> <li>• “Pin the Tail on the Donkey”: (see Appendix)</li> <li>• “Goodbye Train”: Sing the song as you make a train together. See Appendix (or other plan with this in it)</li> </ul>	<p><b><u>Songs</u></b></p> <ul style="list-style-type: none"> <li>• Popcorn Popping sung to Old Macdonald</li> <li>• Happy Birthday</li> <li>• Polly Put the Kettle On</li> <li>• I'm a Little Teapot</li> <li>• If You're Happy and You Know It</li> <li>• The Goodbye Train</li> <li>• Goodbye (to the tune of “Whistle While you Work”)</li> </ul>
<p><b><u>Numeracy</u></b></p> <ul style="list-style-type: none"> <li>• Patterning: Line up girl, boy, girl, boy for “Pin the Tail on the Donkey.”</li> <li>• Or make a pattern on your cupcakes or on your party crowns (see Art and Pre-Literacy Skills)</li> </ul>	<p><b><u>Parent/Child Time:</u></b></p> <ul style="list-style-type: none"> <li>• Play any of the party games together. See Gross Motor Skills.</li> </ul>

## Pat-a-Cake

Pat-a-cake, pat-a-cake, baker's man,  
Bake me a cake as fast as you can.  
*(Clap your baby's hands or your hands to beat)*  
Pat it and roll it and mark it with a "B,"  
*(Do actions with hands)*  
And put it in the oven for baby and me.  
*(Clap hands)*

(You can change "Baby" to the child's name.)

## Ten Candles

Ten candles on a birthday cake,  
*(Hold up all fingers)*  
All lit up for me.  
*(Wiggle fingers)*  
I'll make a wish and blow them out,  
Watch and you will see.  
*(Blow and bend fingers down)*  
Whhhhshhh...!

## Five Ice Cream Cones

Five little ice cream cones so good to eat.  
The first one said, "I'm a summertime treat."  
The second one said, "It's such a hot day."  
The third one said, "I'm melting away."  
The fourth one said, "Don't lose your top."  
The fifth one said, "Oh dear, ker-plop!"  
*(Place the last cone upside down.)*

## You Be the Ice Cream

You be the ice cream,  
I'll be the freezer.

You be the lemon,  
I'll be the squeezer.

You be the hot dog,  
I'll be the bun.

You be the baby and –  
We'll have some fun!

## Popcorn Popping ( to the tune of Old MacDonald)

*(Begin by pretending to be popcorn in the pan by crouching down on the ground)*  
Popcorn popping, oh, what fun,  
Popping big and white.  
*(Slowly stand up)*

We will wait until it's done,  
Then we'll grab a bite.  
*(Reach for a bite)*

With a pop, pop, here,  
And a pop, pop there.  
Here a pop, there a pop,  
Everywhere a pop, pop.  
*(Jump up and down)*

Popcorn popping, oh, what fun,  
Popping big and white.  
*(Sit back down)*

## Happy Birthday by Mildred J. Hill and Patty Smith Hill

Happy Birthday to You  
Happy Birthday to You  
Happy Birthday Dear \_\_\_\_\_  
Happy Birthday to You

## Polly Put the Kettle On

Polly, put the kettle on,  
Polly, put the kettle on,  
Polly, put the kettle on,  
We'll all have tea.

Sukey, take it off again,  
Sukey, take it off again,  
Sukey, take it off again,  
They've all gone away.

Blow the fire and make the toast,  
Put the muffins on to roast,  
Blow the fire and make the toast,  
We'll all have tea.

## **I'm a Little Teapot**

I'm a little teapot,  
Short and stout.  
Here is my handle,  
*(Place right hand on hip)*  
Here is my spout.  
*(Extend left hand, palm out)*

When I get all steamed up,  
Hear my shout:  
"Tip me over and pour me out."  
*(Bend over as if pouring from extended hand)*

## **If You're Happy and You Know It**

If you're happy and you know it, clap your hands.  
If you're happy and you know it, clap your hands.  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, clap your hands.

Variations:

shout "Hurray!"  
say "Amen"  
slap your legs  
turn around  
snap your fingers  
slap your knees  
nod your head  
tap your toe  
Honk your nose  
Stomp your feet

## **The Goodbye Song**

*(to the tune of "Whistle While You Work")*

Goodbye, goodbye,  
It's off to home we go.  
We worked, we played,  
We had a good day,  
Goodbye, goodbye.

## **The Goodbye Train** *(to the tune of "She'll be Coming Round the Mountain")*

The goodbye train is leaving right now,  
The goodbye train is leaving right now.  
The goodbye train is leaving,  
The goodbye train is leaving,  
The goodbye train is leaving right now.  
Toot, toot.