

Upgrading for Parents with Preschoolers

Children's Program Plan

Shopping and Budgeting—Part A

Word of the Day: “Groceries”

<p><u>Art or Special Activity</u></p> <ul style="list-style-type: none"> • Pretend Play: Set up a grocery store and go shopping. Include purses, cloth shopping bags, shopping carts, pretend food and signs for your store. Buy a dozen buns, eggs, corn on the cob or donuts. • Make a sign for your store: Older children print the name of your store on a sign. Younger children add pictures or color the background. 	<p><u>Books</u></p> <ul style="list-style-type: none"> • <i>A Visit to the Supermarket</i>, by B. A. Hoena • <i>Max Goes to the Grocery Store</i>, by Adria F. Klein • <i>Something Good</i>, by Robert Munsch • <i>The Very Hungry Caterpillar</i>, by Eric Carle • <i>Growing Vegetable Soup</i>, by Lois Ehlert • <i>Apple Farmer Annie</i>, by Monica Wellington • <i>Benny's Pennies</i>, by Pat Brisson
<p><u>Pre-Literacy Skills</u></p> <ul style="list-style-type: none"> • Environmental Print: Make signs for the merchandise in your store (“Donuts \$1.00 dozen, “Cheese \$5.00,”) and draw children’s attention to it. 	<p><u>Poems</u></p> <ul style="list-style-type: none"> • “Buying a Donut” • “This Little Pig” • “To Market to Market” • “You be the Ice Cream” • “Jack Sprat” • “Little Miss Muffet”
<p><u>Gross Motor Skills</u></p> <ul style="list-style-type: none"> • “Buying a Donut Game”: Children sit in a circle on the floor. Make several donuts from paper or use suitable objects to represent donuts, and put them in a row on a table. Recite, “Buying a Donut” and allow children come up one at a time, choose a donut and run back to their spot. 	<p><u>Songs</u></p> <ul style="list-style-type: none"> • “Quarter Master Store” • “Down By the Bay” • “Hot Cross Buns” • “1 Little, 2 Little, 3 Little Pennies...Ten Little Pennies Round” • “Sing a Song of Sixpence”
<p><u>Numeracy Skills</u></p> <ul style="list-style-type: none"> • Number Awareness (Counting / Quantity): How many makes a dozen? two dozen? Use any small objects to count to twelve (Cheerio’s, raisins or Lego blocks). 	<p><u>Parent/Child Time</u></p> <ul style="list-style-type: none"> • Parents come in for snack and pretend to buy cookies from the store. Teacher role models pretend play and explains why it is important.

Buying a Donut

Down around the corner,
In the bakery shop.
There were lots of little donuts,
With frosting on top.
Along came (Johnny) all alone,
He bought a (red) one and ran on home.

This Little Pig

This little pig went to market
This little pig stayed home,
This little pig had roast beef,
This little pig had none,
And this little pig cried “Wheeeeeee,
All the way home.

To Market to Market

To market, to market, to buy a fat pig.
Home again, home again, jiggety jig.
To market, to market, to buy a fat hog,
Home again, home again, jiggety jog.
To market, to market, to buy a plum bun,
Home again, home again, market is done.

Jack Sprat

Jack Sprat could eat no fat,
His wife could eat no lean,
And so, between them both you see,
They licked the platter clean.

Little Miss Muffet

Little Miss Muffet,
Sat on a tuffet,
Eating some curds and whey.
Along came a spider,
And sat down beside her,
And frightened Miss Muffet away.

Quarter Master Store

There were beans, beans, big as submarines
In the store, in the store
There were beans, beans, big as submarines
In the quarter master store

Chorus: My eyes are dim I cannot see,
I have not brought my specs with me
I have not brought, my specs with me.

There llamas, llamas, wearing pink pajamas
In the store, in the store
There were llamas, llamas, wearing pink pajamas
In the quarter master store

Chorus: My eyes are dim I cannot see,
I have not brought my specs with me
I have not brought, my specs with me.

Down by the Bay

Where the watermelons grow
Back to my home
I dare not go
For if I do
My mother will say
“Did you ever see a fly
Wearing a tie?”
Down by the bay.

Down by the bay
Where the watermelons grow
Back to my home
I dare not go
For if I do
My mother will say
“Did you ever see a bear
Combing his hair?”
Down by the bay.

Down by the bay...
“Did you ever see a moose
Kissing a goose?”

Down by the bay...
“Did you ever see a whale
With a polka dot tail?”

Down by the bay...
“Did you ever see some llamas
Eating pajamas?”

Down by the bay...
“Did you ever have a time
When you couldn’t make a rhyme?”

Hot Cross Buns

Hot Cross Buns,
Hot Cross Buns,
Hot cross bun.
One-a-penny, two-a-penny,
Hot cross buns.

One Little, Two Little, Three Little Pennies

One little, two little, three little pennies,
Four little, five little, six little pennies,
Seven little, eight little, nine little pennies,
Ten little pennies round.

Sing a Song of Sixpence

Sing a song of sixpence,
a pocket full of rye.
Four and twenty blackbirds,
baked in a pie.
When the pie was opened,
the birds began to sing.
Wasn't that a dainty dish
to set before the king?

The king was in his counting house,
counting out his money.
The queen was in the parlour,
eating bread and honey.
The maid was in the garden,
hanging out the clothes,
When down came a blackbird
and pecked off her nose!

Upgrading for Parents with Preschoolers

Children's Program Plan

Shopping and Budgeting—Part B

Word of the Day: "Shopping"

<p><u>Art or Special Activity</u></p> <ul style="list-style-type: none"> • Pretend Shopping: Repeat grocery shopping or set up a toy store (or any other kind of store). Incorporate math by paying for items with pretend money. • Cutting and Colouring: Make play money to use at your pretend store. Cut out "bills," put numbers on them and colour to correspond to Canadian funds. 	<p><u>Books</u></p> <ul style="list-style-type: none"> • <i>Benny's Pennies</i>, by Pat Brisson • <i>Sheep in a Shop</i>, by Nancy E. Shaw • <i>Apple Farmer Annie</i>, by Monica Wellington • <i>26 Letters and 99 Cents</i>, by Tana Hoban • <i>Alexander Who Used to be Rich Last Sunday</i>, by Judith Viorst • <i>Farmer Joe Goes to the City</i>, by Nancy Wilcox Richards • <i>Corduroy</i>, by Don Freeman
<p><u>Pre-Literacy Skills</u></p> <ul style="list-style-type: none"> • New Vocabulary: "Pennies," "nickels," "five dollar bills," "loonies," "toonies" • Fine Motor Skills: See Art. • Print Awareness: Discuss the symbols, "S" and "\$." 	<p><u>Poems</u></p> <ul style="list-style-type: none"> • "Penny Poem" • "Nickel Poem" • "Dime Poem" • "Quarter Poem" • "Buying a Donut"
<p><u>Gross Motor Skills</u></p> <ul style="list-style-type: none"> • Pretend Shopping Play: see Special Activity. • Block Math: Stack blocks, then count them. Subtract one or two and count again. 	<p><u>Songs</u></p> <ul style="list-style-type: none"> • "Hot Cross Buns" • "Sing a Song of Sixpence" • "1 Little, 2 Little, 3 Little Pennies" • "Five Little Ducks" • "Five Little Monkeys Jumping on the Bed" <p><i>(Any songs with numbers in them to increase number awareness.)</i></p>
<p><u>Numeracy Skills</u></p> <ul style="list-style-type: none"> • Money Awareness: Teacher interacts during pretend play to increase vocabulary and awareness of money terms, for example: "You will need two dollars to buy these oranges. Do you have a toonie?" • Number Awareness: see Songs. 	<p><u>Parent/Child Time</u></p> <ul style="list-style-type: none"> • Parents come in for circle. Choose songs and poems from above or any counting songs. Use fingers or props to illustrate the counting. Read one of the number books. Point out the number symbols and take time to count the objects on each page.
<p><u>Notes/Other</u></p> <ul style="list-style-type: none"> • Practise counting blocks, chairs and people - anything you can find. 	

Penny Poem

Penny, penny,
Easily spent.
Copper brown,
and worth one cent.

Nickel Poem

Nickel, nickel,
Thick and fat.
You're worth five cents,
I know that.

Dime Poem

Dime, dime,
Little and thin.
I remember,
You're worth ten.

Quarter Poem

Quarter, quarter,
Big and bold.
You're worth twenty-five
I am told.

Buying a Donut

Down around the corner,
In the bakery shop.
There were lots of little donuts,
With frosting on top.
Along came (Johnny) all alone,
He bought a (red) one and ran on home.

Five Little Ducks

Five little ducks went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
But only four little ducks came back.

Four little ducks went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
But only three little ducks came back.

Continue until...

One little duck went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
But none of the five little ducks came back.

Sad Mother Duck went out one day,
Over the hills and far away.
Mother Duck said, "Quack, quack, quack, quack."
And all of the five little ducks came back!

Five Little Monkeys Jumping on the Bed

(Suit actions to words)

Five little monkeys,
Jumping on the bed.
One fell off,
And bumped his head.
Mamma called the doctor,
And the doctor said,
"No more monkeys
Jumping on the bed!"

Four little monkeys ... (repeat verse)

Three little monkeys ... (repeat verse)

Two little monkeys ... (repeat verse)

One little monkey,
Jumping on the bed.
He fell off,
And bumped his head.
Mamma called the doctor,
And the doctor said,
"Put those monkeys
Straight to bed!"