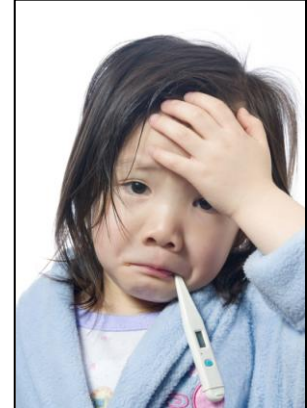


Fevers

Children often have fever. Most of the time the fever is mild and there is no need to worry. But if a fever gets too high, the parent or caregiver must do something about it.



If you buy a digital thermometer in Canada, it will give the temperature in degrees Celsius ($^{\circ}\text{C}$). If you happen to have a thermometer made in the USA, the temperature will be given in degrees Fahrenheit ($^{\circ}\text{F}$). The chart below shows both.

| | | |
|---|---|--|
| 37.0 $^{\circ}\text{C}$ | Normal body temperature | 98.6 $^{\circ}\text{F}$ |
| 38.0 $^{\circ}\text{C}$ | Slight fever. No need to see a doctor, except , if child is under 3 months, or if doctor has told you to seek help. | 100.4 $^{\circ}\text{C}$ |
| 38.9 $^{\circ}\text{C}$ | High fever. You need to do something about this. Call a doctor. | 102.0 $^{\circ}\text{C}$ |

No matter what the thermometer reads, always get professional help if the fever goes on for more than a day, if the child seems sick or if you are just plain worried.

