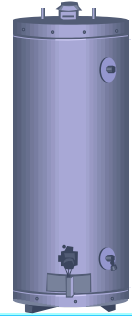


# Hot Water Burns

Children are naturally curious and, sooner or later, a toddler will learn how to turn on taps. If the hot water heater in your home is set too high, there is a chance that someone could get a serious burn.

Lowering the water temperature will help to make your home safer.



## How to Check Your Hot Water Temperature at Home

- Use a thermometer that can show high temperatures, like a meat or candy thermometer.
- Turn on the hot water tap in your bathroom. Let it run for 2 minutes. If you have used a lot of hot water in the past hour, wait two hours before you do this test.
- Fill a cup with the hot water. Put the thermometer in the cup.
- Look at the temperature. If it is higher than 49°C (120°F), you need to lower your water temperature.

from Safe Kids Canada

- Get a professional to adjust your water heater.
- Never lower it below 49°C because this may allow bacteria to grow in the heater.
- If someone in your household has a long-term illness, check with a doctor before lowering the water temperature. They are more at risk of getting bacterial infection.

